

**Directions to the Offices of the
Virginia Department for the Aging
Forest Office Park
1610 Forest Avenue, Suite 100
Richmond, Virginia 23229
(804) 662-9333**

The offices of the Department for the Aging are easily accessible from I-64 West of the City of Richmond. Free parking is available around the building. Maps of the surrounding area and of the Forest Office Park are attached to these directions for your convenience.

From Washington or Petersburg (and points North and South of Richmond)

Take I-95 to Richmond (DO NOT TAKE I-295, STAY ON I-95). Follow signs for I-64 West towards Charlottesville. Follow I-64 West to Exit 183A (Glenside Drive South and the University of Richmond). Stay in the right hand lane as you get onto Glenside Drive and go to the second traffic light. Turn right at this light onto Forest Avenue. Stay on Forest Avenue and go through the next three traffic lights. After the third light (Discovery Drive), turn right almost immediately into the first driveway on your right. You should see a sign saying 1610 Forest Avenue with “Virginia Department for the Aging” on it. In the middle of the building is the entrance – go into the building on the side that faces Forest Avenue, and VDA will be in Suite 100 directly to your left.

From Charlottesville (and points West of Richmond)

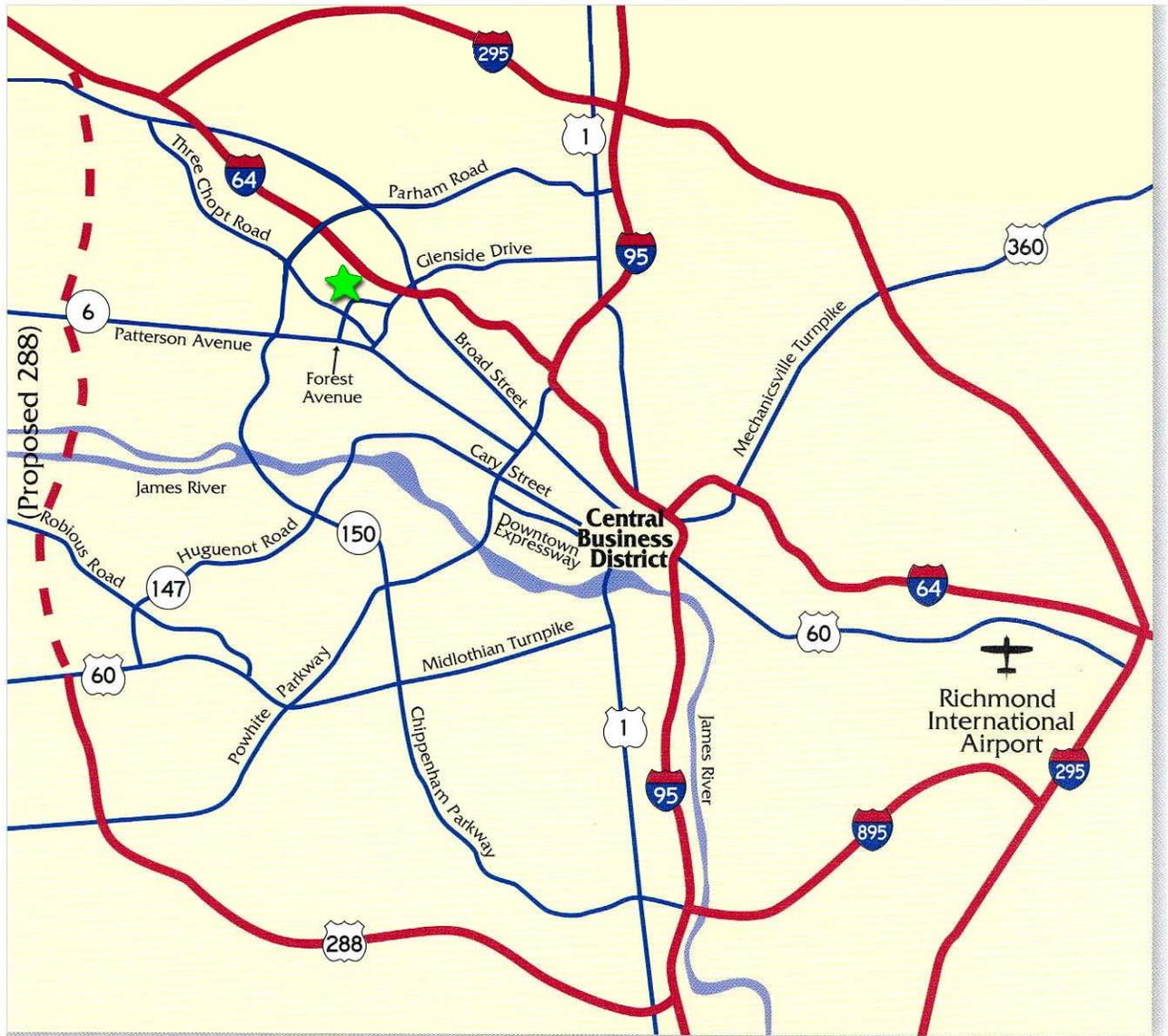
Follow I-64 East to Richmond. Take Exit 183 (Glenside Drive and the University of Richmond). At the traffic light, turn right. Go to the next traffic light and turn right onto Forest Avenue. Stay on Forest Avenue and go through the next three traffic lights. After the third light (Discovery Drive), turn right almost immediately into the first driveway on your right. You should see a sign saying 1610 Forest Avenue with “Virginia Department for the Aging” on it. In the middle of the building is the entrance – go into the building on the side that faces Forest Avenue, and VDA will be in Suite 100 directly to your left.

From Norfolk (and points East of Richmond)

Follow I-64 West to Richmond (DO NOT TAKE I-295, STAY ON I-64). Follow signs for I-95 North to Washington and then follow signs for I-64 West to Charlottesville. Follow I-64 West to Exit 183A (Glenside Drive South and the University of Richmond). Go to the next traffic light and turn right onto Forest Avenue. Stay on Forest Avenue and go through the next three traffic lights. After the third light (Discovery Drive), turn right almost immediately into the first driveway on your right. You should see a sign saying 1610 Forest Avenue with “Virginia Department for the Aging” on it. In the middle of the building is the entrance – go into the building on the side that faces Forest Avenue, and VDA will be in Suite 100 directly to your left.

FOREST OFFICE PARK

1500 FOREST AVENUE • SUITE 100 • RICHMOND, VIRGINIA 23229-5104 • (804) 282-5461 • FAX: (804) 282-5479



Conveniently located at the intersection of Forest Avenue and Three Chopt Road, Forest Office Park is within minutes of downtown Richmond, the Richmond International Airport, and Interstate 64. Tenants and visitors to the park enjoy easy access to upscale shopping, lodging and dining facilities nearby, as well as the University of Richmond, Henrico Doctors Hospital, the Country Club of Virginia and many prestigious residential neighborhoods.



Forest Office Park consists of 19 buildings on more than 54 acres. Each building offers flexible floor plans, free conference facilities, abundant parking, and on-site management and maintenance. The park also hosts a post office, cafeteria, and drop boxes for express delivery service. This combination of location and amenities make Forest Office Park the best office value in Richmond's West End.

