

Get Connected

Work and Life After High School

Connect



3 Years Prior to Exit

- Meet with a DRS counselor
- Apply for DRS services
- Discover community resources

Explore



2 Years Prior to Exit

- Assess your skills
- Discover your interests
- Identify your career options

Prepare



1 Year Prior to Exit

- Develop a career plan
- Get work experience
- Learn self-advocacy

Succeed



Exit Year

- Explore postsecondary options
- Become employed
- Gain independence
- Reach your goals!

DRS recommends that students and their families begin to make transition plans at least three years prior to exiting school. However, services by DRS are individualized—based on the needs of each student—and can be completed at any time.

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DRS Transition Services
supports students
as they move from
high school to
the world of
work and adult life.



The Division of Rehabilitative Services (DRS) collaborates with high school students with disabilities, their families, schools and community service providers to support this transition, providing:

- Outreach and resources
- Education and training
- Individual consultations

DRS' Vocational Rehabilitation (VR) program offers high school students a variety of employment-related services and resources that may include:

- Career counseling
- Vocational evaluation
- Job training options
- Job placement, retention and follow up
- Assistive technology
- Community-based services

Wilson Workforce and Rehabilitation Center's (WWRC) Postsecondary Education Rehabilitation Transition (PERT) program may assess students on:

- Vocational strengths and abilities
- Independent living skills
- Social and interpersonal skills
- Medical rehabilitation needs
- Driving capabilities

WWRC offers vocational training programs and services to prepare those over age 18 for employment and/or other career development goals. Learn more about WWRC at wwrc.virginia.gov and DRS at vadars.org.



Start Early. Ask Questions.

**VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES**
Division of Rehabilitative Services

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